




# MONTHLY ACTIVITY

## “Try Something New” Activity

Bella didn't become a butterfly without going through change...

This month, it's **YOUR** turn to try something new!

### ★ YOUR CHALLENGE:

-  Draw something you've never drawn before
-  Try a new food
-  Help someone in your community
-  Learn a new song
-  Make a new friend
-  Try a new game or puzzle



### DRAW OR WRITE:

➔ What did you try?

➔ How did it feel at first?



➔ How did it feel after trying?



### BELLA'S MESSAGE:

“Sometimes, new things feel scary at first...  
but that's how we grow our wings!”

